## Stephen Ministers: the After People

People often ask, "What exactly is a Stephen Minister?" One way to put it is that Stephen Ministers are the **After People**. Stephen Ministers are there:

- ...after the phone call you hoped you'd never get.
- ... after the relationship falls apart and you feel sad and lonely.
- ... after the funeral, when everyone has left, and the emotions you've held at bay come crashing in on you.
- ...after the doctor says, "I'm so sorry, but there's nothing more we can do."
- ...after the nursing home director shakes your hand and says, "Welcome to your new home."
- ...after the gavel comes down, the handcuffs go on, and your loved one is led away.
  - ...after the last child honks the horn, waves, and drives away -- and the house suddenly feels empty.
    - ... after the baby arrives, demanding way more of you than you ever could have imagined.
      - ...after you lose your job and you receive your final paycheck.
        - ...after your family and friends have heard your story many times, but you still need to talk it out.

Stephen Ministers are ready to come alongside you -- or your friends, neighbors, coworkers, or relatives -- and provide comfort and support for as long **after** as needed.

We can help.

If feel you're in need of their services, our highly trained, Royal Redeemer Stephen Ministers are available to lend you one-on-one, confidential assistance. Contact Steve or Terry.

Copyright by Stephen Ministries St. Louis. All rights reserved, Representatives of a congregation have permission to reproduce this document for use within their congregation to build support for Stephen Ministry, www.stephenministries.org