

SERMON OUTLINE

Psalms - Navigating the Grinding Season

Intro: Psalm 62:1-2

The Grinding Season = A season of _____ busyness

1. It's a _____
2. There's a _____ or _____ behind it

I. _____ for strength

- a. Psalm 120:1; Psalm 50:15
- b. Isaiah 40:31a; Ephesians 6:10

II. _____ what to avoid

- a. Psalm 34:14a
- b. Psalm 32:5
- c. Psalm 65:3

III. _____ with others

- a. Romans 15:1; Galatians 6:2a
- b. Share it with your _____ and _____
- c. Share it with your _____ (Psalm 133:1)

IV. _____ to God

- a. Psalm 73:25-26, 28
- b. James 4:8

This week, I will...

- Connect with God and memorize _____
- Share my grinding season with those who _____
- _____ God during my grinding season