



RoyalRedeemer

LUTHERAN CHURCH & SCHOOL

Small Group Study: Psalms
Week 1: Introduction & Psalm 1

VIDEO TEACHING:

1. There are two ways to live: the way of the _____ or the way of the _____ .
2. “The wicked” of Psalm 1 are those who want to live life on their _____ .
3. The life God has for us is a life of _____ on God and His _____ .
4. _____ and _____ .

DISCUSSION OPENING:

- Talk about memorable song lyrics.
- Read Psalm 1.

DISCUSSION QUESTIONS:

1. The end of verse 1 tells us not to be mockers. Has there been a time when you have been mocked for something? Your Christian faith? Have you ever mocked someone for any reason?
2. How would you describe your current practices when it comes to meditating on bible passages? What does it mean to meditate on it **day and night**?
3. Identify the two different categories of people described in verse 6. What are the consequences for each? Talk about characters from the bible who fit into these categories. What did they do? What were the consequences?
4. Talk about a time when you stood at a fork in the road and one path was righteous, and the other was wicked? What did you do? What were the consequences?

5. What does it really mean to be blessed? Is it important to understand that it doesn't always mean life goes the way we want?
6. Notice in verse 1 that the unrighteous **walk in step**, **stand**, and **sit**. What does it mean, specifically, to **walk in step** with the wicked, **stand** in the way that sinners take, and **sit** in the company of mockers? Is there a progression?
7. In what specific ways are we tempted to walk in step with the wicked? What can we do when that temptation comes upon us? Do we get any help from Matthew 5:14-16?
8. Notice the position of the righteous in verse 3. What does it mean to be planted? What benefit could come from that? What do trees and meditating people have in common?
9. What is chaff in verse 4? (Look it up if you need to.) What happens to it? Read Ephesians 4:11-14. From verse 14, discuss what is being blown around, and what is blowing it around.
10. Notice in Psalm 1:5a that there is a "congregation of the righteous." What does that mean? What does it mean to you to be in the supportive love of the family of God? How can we cultivate that even more?
11. Discuss from the end of verse 5 how we can be righteous. Is this from our actions, deeds, and behaviors? If not, where does it come from and how do we get it? Is this where we see Jesus in this Psalm? Discuss.